

## Hydroponics for Climate-Smart Vegetable Cultivation: Optimizing Resource Use and Reducing Environmental Footprint

### Problem/Challenge

The Mediterranean faces intensifying agricultural challenges from climate change, marked by severe water scarcity, land degradation, and unsustainable environmental footprints. Urgent action is needed to develop resilient, resource-efficient food production systems that align with the Water-Energy-Food-Ecosystem (WEFE) Nexus.

### Our Solution/Key Finding

The FrontAg Nexus project highlights advanced hydroponic systems as a climate-smart solution. These soilless cultivation methods offer precise control over nutrient delivery and water use, enabling significant resource optimization. Adopting closed-loop hydroponic systems, especially when integrated with renewable energy and alternative water sources (like desalinated water), enhances sustainability and circularity.

### Benefits & Impact

Hydroponics enables substantial water savings, potentially up to 60% compared to conventional open-field cultivation [1]. Case studies from Morocco (tomatoes) and Tunisia (strawberries) demonstrate reduced greenhouse gas emissions and lower overall environmental impact, particularly when paired with sustainable energy sources and closed-loop water management [2]. This approach fosters resilience, contributes to food security, and reduces strain on natural ecosystems within the WEFE Nexus.

### Practical Recommendations

Farmers should consider investing in closed-loop hydroponic systems for vegetable cultivation, prioritizing renewable energy integration for long-term sustainability. Policymakers are urged to develop targeted incentives, streamline regulatory frameworks, and support urban/rooftop agriculture initiatives to accelerate the adoption of water-efficient, low-carbon hydroponic technologies.

### Applicability Box

**Theme:** Climate-Smart Hydroponics & Resource Optimization

**Keywords:** Hydroponics, Water Efficiency, Climate Resilience, Renewable Energy, Urban Farming, Mediterranean

**Context:** Arid and semi-arid regions, urban agriculture, commercial greenhouses, and policy development for sustainable food systems.

**Required Resources:** Initial infrastructure investment, technical expertise in nutrient management and system operation.

**Scalability:** Adaptable from small-scale indoor farms to large commercial operations.

**Readiness Levels:** Evolving TRL (generally high for components, lower for full integrated systems), varying BRL/SRL due to high upfront costs but growing market interest [3].

**Risk Management/Considerations:** High initial investment, requires consistent energy supply, and skilled operational management to prevent disease outbreaks.

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## References and Further Information

- [1] A. Al-Ajmi, "Water use efficiency of vegetables grown in hydroponics," *Journal of Hydrology*, vol. 556, pp. 64-70, 2018.
- [2] UM6P, "D1.2: Supply and value chain analysis of climate smart and water saving agri-food production systems," FrontAg Nexus Project Deliverable, Ben Guerir, 2024.
- [3] E. Appoloni, V. Cerasola, G. Pennisi, W. Biru, G. Buchenrieder, T. Uyar and Y. Yavuz, "D1.1: Systematic literature review (SLR) of frontier agriculture systems and empirical evidence in the Mediterranean Region," FrontAg Nexus Project Deliverable, Bologna, 2023.

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## About this practice abstract

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**FrontAg Nexus:** The project was launched in May 2023 to promote sustainable agri-food practices by applying the Water-Energy-Food-Ecosystems (WEFE) Nexus approach. Focusing on six Mediterranean countries—Israel, Italy, Morocco, Tunisia, Turkey, and Jordan—the project addresses climate change, resource scarcity, and food insecurity through collaborative research and innovation.

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**Project Website:** <https://frontagnexus.eu>

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